

## Who is Five N Two?

### Leadership Team

**Thomas Simpson, CEO**—Thomas is the CEO of Solid Foundations, the parent organization of Five N Two. He is also the Pastor at Solid Rock UMC. It is his passion to see the Five N Two grow so that they can continue to meet the needs of the people in Harnett County.

**Austin Reason, Executive Director**—Austin has served in the community in different ministerial roles. He is excited to be a part of the growing ministry of the Five N Two Food Pantry. He has a passion to meet people where they are in life.

**Wilbur Zimmerman, Manager**—Wilbur has been the grocery manager at the Five N Two for several years. He is committed to helping the people that come into the pantry every day. He makes sure that the pantry is stocked with the food that is needed to distribute to residents of Harnett County from day to day.

### Volunteers

We have a dedicated core of volunteers that serve each week. These people are the backbone of Five N Two.

We also regularly have individuals and groups that work with us on special projects.

### Partners

Second Harvest Food Bank (SENC)  
Food Lion  
Solid Rock United Methodist Church  
Hillmon Grove Baptist Church  
Liberty Baptist Church  
Tiger Rock TaeKwonDo  
Spout Springs Fire Department  
Johnsonville PTO  
AND MANY MORE!

## Hours of Operation

Monday, Wednesday, Friday

11am—5pm

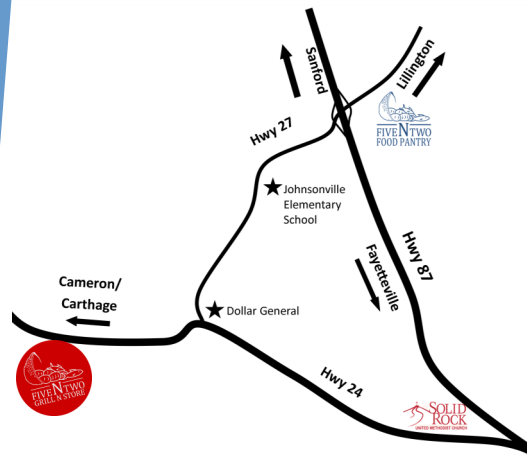
Saturday

9am—3pm

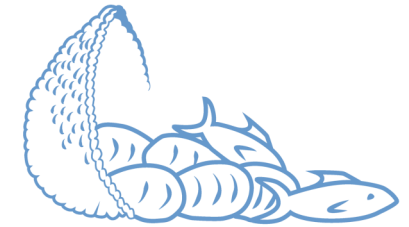
## Location

17247 NC 27 W

Sanford, NC 27332



When faced with a crowd of 5,000 hungry families, Jesus' disciples asked him to send them home to eat. Jesus told them **“You give them something to eat.”** They brought to him the **FIVE** loaves and **TWO** fish they had, and he miraculously multiplied it to feed the crowd, with leftovers to spare! (Luke 9:10-17)



**FIVE N TWO**  
**FOOD PANTRY**

**“YOU GIVE THEM SOMETHING TO EAT.”**

**~JESUS**

919-499-1668

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## A unique solution to the hunger problem in Harnett County

Hunger—it's a problem we can sometimes overlook. We may not realize it's right in front of us. Harnett County is home to 124,987 people. Of those, 19,790 are food insecure.\* "Food insecurity" means not having enough food to maintain a healthy, active lifestyle. There IS a hunger problem in North Carolina, and the Five N Two Food Pantry has some interesting approaches to helping meet the needs.

### Free Choice

One of the most talked about features of our food pantry is our free choice system. This means that clients who come in our doors actually **choose the food they take**

**home!** After check-in, they get a shopping cart and choose items from our shelves, picking a set amount from various categories.

### Healthy Options

At Five N Two, we are very fortunate to have a wonderful facility with lots of room, lots of shelves, and lots of refrigerators and freezers. Because of this, we can actually stock **fresh produce and frozen meats!** Along with our free choice, this means that a family

may choose to take home pork, or chicken; bananas, or apples; squash or bell peppers! We not only **give them something to eat**, we want to provide healthy options.



### Broad Reach

The Five N Two Food Pantry serves **any Harnett County resident** who needs our help. One way we do this is by staying open as much as possible (see hours on back). This results in a broad reach. We have served as many as 4,000 individuals in one month!

Five N Two receives and distributes **20,000-30,000 pounds of food each month**. In December 2014, we reached a tremendous milestone, having served a **quarter of a million pounds since opening** in 2007 (under the name Martha's Place).

### New Revenue

Five N Two is also striking out into new territory to help fund this **tremendous task**. In July 2014, we opened the **Five N Two Grill**, a restaurant whose goal is to serve great food in a great atmosphere and generate revenue to help support the food pantry.

The **Five N Two Thrift Store** also generates support for the pantry by selling quality items at a great price. These items are donated by community members like you who want to see them put to good use for a great cause.

The Grill & Store are located at 21163 NC 24/27 in Johnsonville.

### Community Involvement

The challenge Five N Two has taken on is huge. It can't be done alone. **No one person can do it all.** No one church can do it all. No one organization can do it all. It will take a community. We are in the community, for the community, and BY the community.

### Serve

There is something to do seven days a week at the pantry. Could you serve once a week? Once a month? We're looking for friendly faces to greet folks at the door, dedicated hands to stock the shelves, useful arms to keep us clean, sharp minds to file reports. It takes all types!

### Give

You can financially partner with Five N Two! We are looking for **individuals** who could pledge \$10 a month, or \$20, or \$50! We need **churches** and other organizations to consider writing us into their annual budget. We would love to see **local businesses** provide a one-time or on-going donation. You can donate via PayPal, or by mailing a check to PO Box 100 Olivia, NC 28368. Check out [fiventwofoodpantry.com/donate](http://fiventwofoodpantry.com/donate) for more info, or to **give online!**

### Tell

If you know someone who is food insecure, tell them about us. **Help us help them.**

**Spread the word** about us. Organize a food drive. Like our Facebook page and share it with friends. **Invite the Director** to speak to your civic group, class, or club; or to preach at your church. Any way you can **get the word out** helps!

\*based on a 2013 UNC study <hunger-research.sog.unc.edu/content/2013-harnett-county-nc>